

## Design Thinking – Finding your master thesis topic (Cologne University of Applied Sciences)

<b>Name of Module/Course</b>	Design Thinking – Finding your master thesis topic			
<b>Short description</b>	<p>In this workshop selected methods for personal growth and development are presented. In order to be able to develop yourself and your professional ideas (your master thesis) you have to know yourself. If you do not know yourself, it is impossible take decisions that are in favor of your own best interests. That leads to the question: Do I know myself?</p> <p>Participants will have the opportunity to discover their personal strengths and use creative tools and methods to develop the design of the master thesis topic.</p>			
<b>Name of Programme</b>	NRM/IWRMM/REM			
<b>Name of University</b>	Cologne University of Applied Sciences			
<b>Name of Lecturer</b>	<b>Katerina Brandes, Ricarda Bruder Pedroso</b>			
<b>Responsible University lecturer</b>				
<b>Credit Points</b>	<b>SWS</b>	<b>Attendance (h)</b>	<b>Self-study (h)</b>	<b>Total workload (h)</b>
		5		5
<b>Start &amp; end dates, WS</b>		<b>Start &amp; end dates, SS</b>		<b>Other timeslot (block course):</b>
19.6.2021, from 8.00 to 13.00h				19.6.2021
<b>Registration until</b>		<b>Number of possible AGEP participants</b>		
1 week before		50		
<b>Content and goals of qualification</b>	<p>You will get an overview of different Creativity Methods (Design Thinking, Theory U, Ikigai) and you will practice the creative process.</p> <p>The workshop aims at exploring and developing your strengths and visions for your master thesis. We do this by searching for answers to some very important basic questions:</p> <p>Who am I? What am I good at? What are my talents? What am I curious about? Why am I here? What do I deeply care about? How do I want to support the world? Where do I want to go? What makes me come alive? What excites me?</p> <p>We will guide you through an elevating process. We do this by offering you different creative tools which you can continue to use after the workshop and along your master thesis process.</p>			

<b>Preconditions for participation</b>	none
<b>Teaching Methods</b>	several exercises from the mentioned concepts - Guided Journaling - Life Line - Dialogue Walk - active listening - meditation
<b>lesson format (online/face-to-face)</b>	Online workshop
<b>Assessment method</b>	none
<b>language</b>	English
<b>registration</b>	<a href="http://www.agep-info.de">www.agep-info.de</a>